

Hormonal Balance for Women

Homeopathic IGF-1 based Formula for PMS & Menopause Symptoms

A Scientifically-researched, Evidence-based Safe & Effective Approach

PMS and Menopausal symptoms ranging from mild to severe have a written record of plaguing women for thousands of years. It was not until the 1980s that these symptoms received significant research attention. While research is still ongoing, the results are often contradictory, and women are left to find relief on their own through the use of pain medicine, anti-depressants, or hormone replacement therapy, all of which may potentially lead to liver toxicity or other side effects.

It is established that the symptoms appear when hormones and growth factors, which regulate cell signaling and function get out of balance. So we looked at what we believe is the root cause: specific hormones and growth factor imbalances, and through the safety and effectiveness of non-molecular cell signaling, developed a formula designed to alleviate the symptoms associated with both PMS and Menopause in a safe, effective and gentle manner.

Insulin-like growth factor-1 (IGF-1) is a polypeptide (protein) growth factor in the body which plays an important role in the reproductive system. As a dominant component in the proliferative phase of the menstrual cycle, IGF-1 is active in the interaction between the hormones associated with menstruation. The menstrual cycle is regulated in part by five hormones: Follicle Stimulating Hormone (FSH), Luteinizing Hormone (LH), Estradiol (the primary form of estrogen), Progesterone and Leptin. Studies show that IGF-1 has a regulatory effect on the secretion of LH from pituitary cells and is associated with the hormonal feedback of LH and also estrogen related to PMS and Menopause.

PMS and Menopausal symptoms may be due to the varying levels of estrogen in the body, and the imbalances of estrogen are thought to affect many systems in the body, including the communicating signal of IGF-1. Studies demonstrate that older reproductive-aged women have lower IGF-1 levels, (estrogen suppresses IGF-1, creating an imbalanced ratio recently suspected to have implications in breast cancer), despite having higher levels of the stimulatory estradiol and normal levels of other hormonal parameters. In order to alleviate the symptoms associated with PMS or Menopause, balance needs to be restored to the body, thus we focus on IGF-1 to help achieve this rebalancing. Excess visceral fat also creates a state of excess serum leptin (hyperleptinemia) which can alter the onset, duration and symptoms of menopause.

Our specific IGF-1 based formula allows the body to restore the balance often lost during menstruation and menopause, which in turn relieves associated symptoms. Recombinant DNA technology ensures the purity of the IGF-1 and other growth factors used in our homeopathic solution. Recombinant human IGF-1 is produced using a non-toxic strain of yeast that copy the IGF-1 gene inserted into them. Scientists add natural sugars, natural phosphate groups and natural DNA-specialized proteins, called purines and pyrimidines, in a nucleotide sequence that consequentially builds a DNA chain that codes for IGF-1. As the yeast multiplies, they also produce recombinant human (rh) IGF-1. The rhIGF-1 is then separated from yeast material by a pure filter, guaranteeing safety without dangerous contaminants, leaving only purified, safe recombinant IGF-1 which is molecularly identical to what the human body produces. The same is true for the other growth factors.

Through an independent clinical homeopathic ‘Proving’, it has been demonstrated that homeopathic IGF-1 has significant applications in relief of premenstrual and menopausal symptoms, which include:

breast swelling	cramping	hot flashes	low energy	mood swings
focus/concentration	anxiety	irritability	night sweats	bloating

Proven safe and effective, our homeopathic IGF-1 can be taken as symptoms appear, or used daily to help balance hormones. Due to its relationship with Insulin, should a person be susceptible to hypoglycemia (low blood sugar), we recommend consuming a snack or meal thirty to sixty minutes prior to taking the formula.

“This has saved my life! I was experiencing intense hot flashes for months and could not sleep. Nothing helped until I was on your menopause relief formula for a few days. Then I experienced the first unbroken sleep in months.” Hollis, WA

“My symptoms for the past 5 years – waking with night sweats and high anxiety, resulting in restless sleeplessness. Short cycling – period every 21 days or less, menstrual flow lasting 3 days with heavy cramping for the first 2 days, followed by up to a week of spotting. I’ve been taking the product for a month now, and in that time my night sweats and waking with anxiety are gone. I still occasionally wake in the night, but it is not accompanied by the hot flashes and anxiety. I take your menopause formula and go right back to sleep – no restlessness. My cycle was a record-breaking 25 days this month, and so far your formula is relieving the cramping. I just take it when the cramping acts up.” Leela, WA